



BREAKFAST

Mon- Thurs 7 -10.30am Fri - Sun 7 - 11am

Milks

fresh skimmed milk
full-fat milk
almond milk
gluten-free oat milk (on request)

Juices

apple juice
orange juice
spa water
fresh squeezed orange juice
(on request and a charge of 4 euros)

Cereals

cornflakes (LF)
chocolate cereals
homemade granola (LF)
muesli
gluten-free cereals (on request)

Fruit & Yoghurt

selection of fresh fruits
dried fruits
low-fat yogurt (V)
seasonal jams
honey

Meats and Cheese

selection of cold cuts
selection of cheeses (GF)

Bakery

white / brown sliced loaf (VG)
freshly baked bread (VG)
croissant (V)
pain au chocolat (V)
homemade breakfast cakes (v)
pancakes (V)
gluten-free bread (on request)

On the Buffet

cumberland sausages
crispy bacon
grilled tomatoes (VG)
sautéed mushrooms (VG)
baked beans (VG)
hash browns (V)
scrambled eggs (V)
boiled eggs - super food (V)

From the Kitchen

poached eggs (V)
fried eggs (V)
porridge (VG)
*Served with your choice of soya or
almond milk
topped with toasted sunflower and
pumpkin seeds*

(V) Vegetarian (VG) Vegan