



BREAKFAST

Mon- Thurs 7 -10.30am Fri - Sun 7 - 11am

Milks

fresh milk
oat milk(LF)
coconut milk (LF)
almond milk (LF)
(gluten-free oat milk
available on request)

Cereals

corn flakes (LF)
chocolate cereals
home-made granola (LF)
gluten- free cereals (on request)

Fruit & Yoghurt

selection of fresh fruits
dried fruits
natural/fruit yoghurt
seasonal jam
honey

Bakery

toast
freshly baked bread
gluten-free toast (on demand)
croissant
chocolate croissant
home-baked daily loaf cakes

Meats and Cheese

selection of cold cuts
selection of cheeses (GF)

On the Buffet

sausages (GF/LF)
crispy bacon (GF/LF)
grilled tomatoes (vg)(GF/LF)
sauteed mushrooms (vg) (GF/LF)
baked beans (vg)(GF/LF)
hash browns (vg)(LF)
scrambled eggs (v) (GF)

From the Kitchen

Omelettes

Plain (V)
Cheese (V)
Ham & Cheese

Ham & Cheese Croissants

Rucola, Smoked Salmon & Feta Cheese on Toast

Porridge

Served with your choice of soya or
almond milk and topped with toasted
sunflower and pumpkin seeds (VG)

Pancakes

with candied walnuts & drizzled with
maple syrup (V)

(V) Vegetarian (VG) Vegan